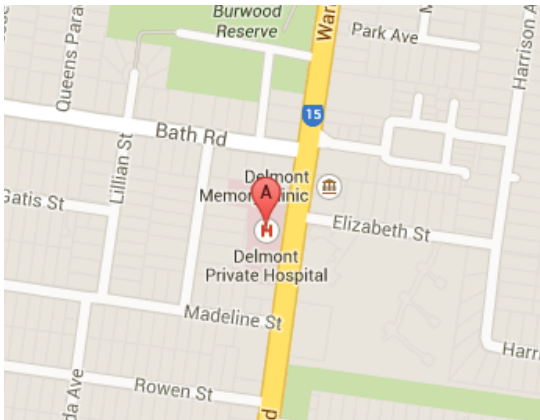




TRANSITION TO HOME

Patient Information



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A Smoke Free Facility



The Transition to Home Program is designed to assist patients make a safe and seamless transition from Hospital care to home and then to further support by the Delmont Day Program or Community Outreach Service if appropriate.

When does it Operate

The Transition to Home Program operates Monday to Friday 9.00am to 4.00pm. Patients may attend daily or on selected days as agreed with their doctor. Patients will generally participate in the program for a two-four week period, subject to their needs.

What it Offers

It offers short term support and structure to recently discharged patients, who are, for various reasons, not in a position to fully make the transition to home or attend the Delmont Day Program.

Patients attend a structured and supportive day program based within the main Hospital, which is designed to best meet their level of functioning. In most cases, this will see them continue to engage in the various aspects of the Inpatient Therapy Program that they are familiar with and have been participating in, immediately prior to discharge from the Hospital.

Benefits of Attending the Program

The Transition to Home Program assists patients to consolidate the gains made during their inpatient admission. It also helps patients to improve self-confidence, regain their ability to function more independently and make a valuable contribution to their own on-going recovery.

In addition to offering a Group Program, patients are able to obtain assistance from the Nursing Coordinator, who will help them with any additional issues related to their health and wellbeing.

This may include:

- monitoring of their physical and/or emotional condition
- assistance with medication related matters
- practical support around managing any difficulties experienced during this period of transition
- or any other matters after leaving Hospital

Any required medical assistance will be overseen by the referring Psychiatrist or Medical Specialist.

Attending Delmont Day Program

In some circumstances, patients may wish to attend the Delmont Day Program as well as the Transition to Home Program. This can be arranged if required, but attendance to both cannot occur on the same day. More commonly, patients commence Delmont Day Program after completing their attendance with the Transition to Home Program.

Program Coordinator

The program is coordinated and overseen by a dedicated Nursing Coordinator. For further enquiries or to find out more about Transition to Home Program, please contact;

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