

# DELMONT DAY PROGRAM (DDP)

## QUICK ACCESS TO ALCOHOL & SUBSTANCE USE ADDICTION TREATMENT

Prompt assessment is available through direct referral to Dr Helen Sweeting (addiction medicine specialist) in the Substance Use and Addiction Program (SUAP) at Delmont Day Program.

Each person undertakes an initial assessment before allocation to the program. In addition, people may also choose to participate in one of the many group programs available at Delmont. Treatment may also include admission to undertake a substance withdrawal.

Private Health insurance is essential.

A referral template is on the Delmont website:

<https://www.delmonthospital.com.au/doctors/referral-process>

*Acknowledgement of receipt of the referral will be sent by email within 5 working days. After completing a comprehensive clinical assessment, a prompt letter outlining a treatment plan will be provided to you. Subsequent correspondence will advise of any changes to treatment during participation in the program.*



### Send the referral to:

**Dr Helen Sweeting**  
Substance Use and Addition Program/  
Delmont Day Program

**Emailed to:** [ddpfaxes@delmonthospital.com.au](mailto:ddpfaxes@delmonthospital.com.au)

**Fax number:** (03) 8732 0335