



KEEPING YOU GERM FREE

Germs can be spread by our hands even when they look clean.

Removing these germs by hand washing or using a disinfectant hand rub can help to prevent the spread of infection in Hospital.

Soap and water can be used to clean the hands if they look dirty, if you are going to eat or if you have used the toilet.

At other times Bactol, a disinfectant hand rub, can be used to clean the hands.

Visitors should wash hands or use Bactol when arriving and when leaving your room.

Family and friends who are unwell with colds, stomach bugs or rashes should not visit you.

If you have any concerns regarding the hygiene of your room or bathroom please tell the environmental service.



HELPING YOU STAY ON YOUR FEET

Falling over is the main cause of injury in Hospital.

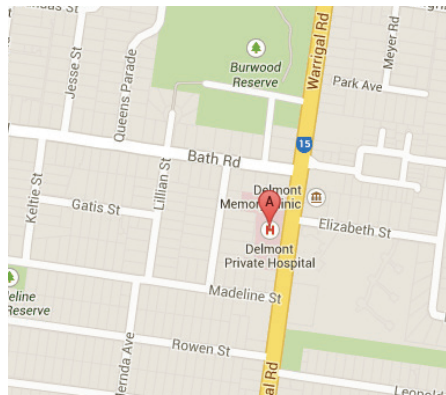
Falls can cause serious injuries and disability.

Research has shown that your chance of a fall increases whilst you are in Hospital. Injuries as a result of falls include minor skin abrasions, joint dislocation, fractures and head injuries.

Things that can contribute to the increased likelihood of falls include:

- Unfamiliar surroundings
- Medication
- Flooring
- Poorly fitting footwear.

The Falls Prevention Brochure has more information. This brochure is located on noticeboards around the Hospital.



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A Smoke Free Facility



DELMONT
 PRIVATE HOSPITAL



NATIONAL SAFETY AND QUALITY HEALTH SERVICE STANDARDS

Information for Patients

What you should know when you are in hospital

'Your Care in Mind'

If you are a patient at Delmont Private Hospital, please read this pamphlet.

Patients who speak up often get well faster and remain safer in hospital.

As a partner in your health care, you also have a part to play in improving the quality and safety of health care. Being involved in your own health care and taking part in every decision gives you more control over your situation.

We aim to look after you and keep you safe during your stay. We will discuss a plan with you because we know that you can help.

Please tell us about your health and feel free to ask questions.



PATIENTS COME FIRST

You should be aware of your healthcare rights and receiving care that is of high quality and is safe. The Private Patients' Hospital Charter is located as a poster in public areas of the Hospital. A copy is located in the Patient Information Booklet in your room. You are welcome to ask staff to discuss the Charter with you.



HANDING OVER PATIENT INFORMATION

Patients in Hospital receive care from nursing, medical and allied health staff. Staff involved in your care need up to date information about your condition and treatment. Clinical Handover involves the sharing of information between staff involved in your care. You can expect that staff will update you on this information so that you know what is going on and your healthcare needs are met.



IDENTIFICATION we need to know who you are!

Your identification helps us give you the right care. Staff members should check your identification before giving you medication or before you undergo ECT.

- All staff should be wearing an identification badge.
- Ask who your nurse is for each shift.
- You need to know who we are!
- If you are not sure who someone is, please ask



YOUR MEDICATION

Medication is an important part of your treatment.

- On arrival to Delmont Private Hospital please provide nursing and medical staff with any information (ideally a list) regarding any medication, vitamins, herbs or supplements that you are taking.
- Let us know if you have allergies or reactions to any medication. This is very important information to us as it helps us plan your care appropriately and safely.



UNDERSTANDING YOUR CARE PLAN

Clinical staff will discuss your treatment care plan with you in the first few days of admission. This will be regularly updated during your stay.

Questions you might like to ask include:

- *What group program am I allocated and where is the timetable located?*
- *What is my leave status?*
- *What will be my follow-up after discharge?*



CHANGES IN YOUR HEALTH CONDITION

Our staff are trained in noticing changes in your health but you can help by letting staff know:

- If you do not feel well.
- If you think your condition has changed.
- If you think that something has been missed.
- If family and carers notice a change in your health they should notify your contact nurse or nurse in charge.
- In an emergency they can press the emergency call bell located in each bedroom.